

Dear Parents/Guardians,

Your child has expressed an interest in participating in grade 6/7 basketball. If you would like your child to participate, please review the following student athlete expectations with your child and the SD70 Pacific Rim Elementary Sports Council's philosophy and guidelines for parents, then have your child return the two signed forms to the school office.

The following are expectations for student athletes on the team:

1. **Practices** are scheduled for **Mondays after school (2:45-3:45)** and **Fridays at lunch (12:00-12:30)** in the fieldhouse. Students must attend all practices to maintain their position on the team. Students must wait at the rear gym doors, by the dumpsters, to be let into the gym for afterschool practice.
2. **Games** will be held on Wednesday's afterschool at various schools in the valley. A schedule with game times will be sent home once it is finalized.
3. **Two unexcused absences** from practices and games will result in the student athlete losing their position on the team. Student athletes must attend practices and games to the best of their ability. Parents/Guardians or the student athletes themselves must contact Ms. Mo Gray, Mme Hodgson or Mrs. Aasen, prior to the practice to inform them of their absence.
4. **Gym clothing** must be worn to participate in games and after school practices. Appropriate gym clothing includes a t-shirt, shorts, sweats or leggings with gym shoes or runners. Student players who are not in appropriate gym strip will not be allowed to practice or play in games, which will be counted as an unexcused missed practice. Players with long hair must have it pulled off their faces with hair ties or headbands and players can not wear hats or jewelry that may injure themselves or others.
5. **Rides** to and from games and practices are the responsibility of the student athlete and must be arranged prior to the game or practice.
6. **Behavior** unbecoming of student athletes at school, poor sportsmanship and/or disrespectful behavior towards their peers, coaches or teachers will not be tolerated. Student athletes will be asked to leave the team for this behavior.
7. **Good academic standing** and practicing classroom behaviors indicative of learning during class time is a priority over student athletics. Failure to comply with standards set by their classroom teacher will result in the student player being asked to leave the team. Classroom teachers will be in frequent contact with the coaches to update them.

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Please sign and return the following **yellow form** to the school and direct any questions to Ms. Mo Gray at [mgray@sd70.bc.ca](mailto:mgray@sd70.bc.ca) or Mme Hodgson [mhodgson@sd70.bc.ca](mailto:mhodgson@sd70.bc.ca) or Mrs. Aasen [kaasen@sd70.bc.ca](mailto:kaasen@sd70.bc.ca) at the school at 250-724-0623

Thank you and we are looking forward to a great season!

*PHILOSOPHY:*

The aim of Pacific Rim Elementary Sports Council (here after P.R.E.S.C) is to provide opportunities for elementary-aged students to participate in quality extra-curricular sports programs throughout the Alberni Valley and School District No. 70. P.R.E.S.C supports organized sports programs that emphasize the development of healthy attitudes in a positive, enjoyable environment.

It is the responsibility of the coaches and sponsors to provide adequate supervision during all practices and games and to model appropriate attitudes and behaviours. Each coach should teach skills in a positive, supportive manner and be generous with praise and encouragement. The students should be taught respect for each other, the referees, and the coaches. An emphasis should be placed on co-operation, fair play, safety, and general enjoyment of sports. A strong sense of team spirit, of representing one's school with respect, and of pride in one's contribution to any team sport should be paramount.

Finally, whether it be in the regular season or in tournaments and jamborees, participation, and fair play should not be overlooked in the pursuit of success. As a parent, you play a vital role in helping P.R.E.S.C achieve these goals.

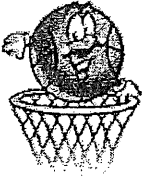
*GUIDELINES:*

1. Keep comments positive and supportive.
2. Recognize and applaud good play by both teams.
3. Encourage your child to respect the referee's decision and rules interpretation through overt, appropriate modeling.
4. Follow the "24 hour rule" before addressing any concerns. Parents are asked to wait 24 hours before addressing coaches, or school staff about issues related to Elementary Sports. Of course, in situations where player safety or other more urgent types of concerns exist, people were asked to use their own best judgment. Please discuss concerns with the coach discreetly and in a setting other than a game venue or practice.
5. Appreciate that coaches, referees, and other officials are unpaid volunteers giving up their time to provide an opportunity for your child to participate.
6. Recognize that in many cases, just like the players, coaches and officials are also learning their roles. Appreciate that mistakes will be an inevitable part of the learning curve for them all.
7. Understand that P.R.E.S.C has adapted and simplified rules to make them more appropriate to the developmental level of elementary aged children. A good official will further modify interpretation to accommodate skills levels evident in specific games. Therefore, rules may appear different than those evident at other levels.

*EXPECTATIONS:*

1. That P.R.E.S.C Philosophy and Guidelines for Parents be circulated for signature to parents and guardians of players prior to their participating on an elementary school team.
2. That the Philosophy and Guidelines for Parents be posted at a prominent location near activity venues (ie. Gymnasium bulletin board).
3. That if a P.R.E.S.C official encounters a situation where a parent or coach does not adhere to this Philosophy and Guidelines, that they request the offending party to leave or suspend play.

*(Adapted from Nanaimo Elementary Teachers' Physical Education Association)*



I \_\_\_\_\_ parent/guardian of  
\_\_\_\_\_ give permission for them to be a member of the grade 6/7  
basketball team at AES. I have read and reviewed the expectations with my child and agree to support my child  
in abiding by them. I am also aware that an inability to meet these expectations may result in my child being  
asked to leave the team.

\_\_\_\_\_ (Parent/Guardian Signature)

I, \_\_\_\_\_, have read, understand, and agree to follow the P.R.E.S.C Philosophy and  
Guidelines for Parents as indicated in the handout.

\_\_\_\_\_ (Parent/Guardian Signature)

Parent/ guardian's can be best reached at the following phone number(s):

\_\_\_\_\_  
\_\_\_\_\_

Please list any allergies, medical concerns the coaches should be aware of below.  
(This will be kept confidential)

\_\_\_\_\_  
\_\_\_\_\_